

# CHLAMYDIA

Most people haven't got a clue

[www.couldihaveit.com.au](http://www.couldihaveit.com.au)

Dear

You have been given this letter because it is likely that you have been exposed to chlamydia, a sexually transmitted infection (STI).

Chlamydia is very common and easily treated. Most people with chlamydia have no symptoms. However it can damage the reproductive system and cause health problems for both men and women if left untreated.

It is important for you to have a test for chlamydia as soon as possible. In the meantime, do not have vaginal, anal or oral sex without using a condom and/or dental dam.

If you have any symptoms suggestive of chlamydia or another sexually transmitted infection, you should visit a doctor of your choice or a sexual health clinic (go to [www.couldihaveit.com](http://www.couldihaveit.com) and click on 'All about testing' for a list of clinics). The doctor will give you a full sexual health check-up including a physical examination, tests for chlamydia and other sexually transmitted infections, and immediate treatment for chlamydia. Please take the information below this line to your doctor.

If you do not have any symptoms and are over 16 years of age, you may access FREE online chlamydia testing (go to [www.couldihaveit.com](http://www.couldihaveit.com) and click on 'online testing').

For more information about chlamydia, go to [www.couldihaveit.com](http://www.couldihaveit.com) and click on 'What Is Chlamydia?'.

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## CONFIDENTIAL

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Dear Doctor

A partner of your patient has had a positive test for chlamydia trachomatis.

Guidelines recommend that contacts of confirmed cases of chlamydia should be investigated for chlamydia and other sexually transmitted infections and receive immediate treatment for chlamydia (i.e. without waiting until the results of tests are available). Chlamydia can infect the cervix, urethra, rectum or throat depending on sexual practices.

The current recommendation for treatment of uncomplicated chlamydia is:

- Azithromycin 1 g as a single dose.

If the test results come back positive, please note that chlamydia is a notifiable infection and ensure that further contact tracing is undertaken. If you would like more information about testing and clinical management of chlamydia, go to [www.couldihaveit.com/professionals.asp](http://www.couldihaveit.com/professionals.asp).

Retesting in three months is recommended as re-infection with chlamydia is common. Consider (re)testing for other STIs also.

For further information about the management of sexually transmissible infections, see the Guidelines for Managing Sexually Transmitted Infections 2010, WA Department of Health, available at: <http://silverbook.health.wa.gov.au>.

Yours sincerely,

INSERT CLINICIAN NAME

